



Zahnmedizinische Praxis

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Information Sheet In-Office-Bleaching

(Information / treatment agreement / invoice / receipt)

Treatment		
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In-Office-Bleaching Mini	50,00€
1 – 2 discolored teeth	
In-Office-Bleaching Small	170,00€
Upper <u>or</u> lower jaw	
In-Office-Bleaching Large	320,00€
Upper <u>and</u> lower jaw	
Professional Tooth Cleaning (PTC)	50,00€
Special price for In-Office-Bleaching	
Block Anaesthesia	18,00 €
Upper and lower jaw (only if necessary)	
Relief® ACP Oral Care Gel	free
Special product for remineralization	
Image documentation □	

Your satisfaction is important to us. If the result of the treatment doesn't meet your expectations, we will offer you a free add-on treatment.

Information about In-Office-Bleaching

- Two procedures á 20 minutes possible (depending on the desired degree of bleaching)
- Full effect: immediately after treatment, most effective after professional tooth cleaning
- Duration of effect 3 5 years (depending on oral hygiene, regular professional tooth cleaning can prolong the result)
- Light discomfort after the treatment is normal; it usually disappears at the latest after 12 hours
- Whitening gel contains potassium nitrate and fluoride as a result tooth sensitivity is decidedly lower

Preparation for In-Office-Bleaching: Optimal protection of the teeth by remineralization

- 1 week before the appointment start massaging in the Relief® ACP Oral Care Gel using a toothbrush
 2 x daily for 3 minutes. After each application don't eat and drink for 30 minutes
- The Relief® ACP Oral Care Gel provides an optimal bleaching result by prophylactic remineralization of the teeth and reduces an unpleasant stinging or pulling in case of sensitive teeth

Behaviour after In-Office-Bleaching

- Avoid coloured products for the next 3 days (e.g. coffee, tobacco, red wine etc.)
- Drink a lot of water
- Brush your teeth with "elmex gelee[®]" once a week for 6 weeks
- Use an extra soft-bristled toothbrush for at least 3 weeks
- Use dental floss to clean between the teeth

Generally no treatment can be performed if the patient

- Has insufficient restoration (leaking crowns and margins of the filling)
- Has carious defects

- Suffers from inflammation of the gum tissue
- Has hypersensitive tooth necks
- Takes antibiotics
- Suffers from diabetes
- Is pregnant/lactating

Hazards - side effects of In-Office-Bleaching

- Pulling, stinging, pain in teeth and gum
- Inflammation of the pulp
- Inflammation of the gingiva (gums)
- Hypersensitivity
- Reduction of hardness of tooth enamel
- Insufficient bleaching effect

Consent and treatment order

I acknowledge that I have read and understood the whole information. After detailed consultation with the physician I feel informed. I agree to the planned treatment, with possible local anaesthesia. I am aware that no guarantee for a perfect result of medical treatments can be given.

I agree to allow taking and storing images for documentation purposes, as part of the treatment.

I would like the treatment to be performed right after this explanatory consultation, if possible. I had sufficient time to think and expressly waive any further consideration.

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•	for the desired treatment/s on ling to § 19 of UStG)	is	€	
	e above stated amount right after the treatment in terCard) at the registration desk.	n cash, by elec	ctronic cash (EC) card	or credit
Berlin,	Date, Signature of the Patient			
The amount wa	as received			
□ in cash	☐ electronic cash (EC) card		VISA / MasterCard	
Berlin,	Date Signature of the Employee			

This information sheet in German can be found under the following link: www.zahnarzt-implantat-zentrum.de/fuer-patienten